

NAVY CHILDREN SCHOOL 104 AREA
ACTIVITY REPORT FOR THE MONTH OF JUNE 2023

I. THE SCHOOL REOPENED:

The school reopened with the Yoga Day celebrations on the 21st of June. All heads and teachers of all the four wings reported at NCS, NSB wing. There was mass yoga by All staff at 0800 hrs

II. MEETINGS & WORKSHOPS:

i. Workshop on Yoga

Yoga is a group of physical mental and spiritual practices or disciplines which originated in ancient India to control and still the mind.

There was a workshop on Yoga conducted by Dr.Satyavani TGT Yoga

She briefed about the five Pranas, the Left the Right and Central Nadies the 'Ida' 'Pingla' and 'Sushumna'. She stressed upon abdominal breathing and the 'Shatchakras'.

To encourage a positive and healthy lifestyle for physical, mental and emotional health of children an online quiz competition on International Yoga Day was conducted on the 19th of June in the form of a Google link for classes 6 to 12.

A painting competition was also held with the theme 'Yoga Day'.

ii. Workshop on 'Foundation of Literacy and Numeracy'

A one day workshop was held on the 15th of June at Visakha Valley School on 'Foundation of Literacy and Numeracy' in NEP. 03 PRT teachers of 104 wing have attended it.

iii. Principal Address:

On 21st June a meeting was held at NCS NSB Wing beginning with Dr.Parul Kumar, Principal, NCS Vizag address about the results of classes 10th and 12th 2022-23.

Later madam briefed the teachers about the New Education Policy and its implementations.

She spoke about the Mother Teacher concept, Learning Outcomes, Integrated Teaching Aids, Competency based questions and stressed upon Holistic Development of the child. It was followed by the faculty meeting.

(Mrs.Srividya)
Vice Principal